

*Day 11*

"The last drop makes the cup run over."

French Proverb

There is nothing in the world like our sense of taste. It is quite like a metaphor for life isn't it. Our tongue tastes not only the sweet, but also the bitter; salty and sour. We are usually so busy hustling around town; we miss the sweet and visit way too long with the bitter or sour aspects in life. We want to learn how to pamper our lives by remembering the sweet and transforming the not-so-sweet. It makes such a difference in the quality of our lives. Lucky for us, today we are going to pamper ourselves with a very, decadent treat. Strawberries with Grand Marnier Cordon Rouge™ liqueur covered in white chocolate. These babies are amazing and equally pampering without the liqueur, so here's our treat. (You will need a syringe available in cooking stores to inject the strawberries with the Grand Marnier Liqueur. It only takes a little to fill the berry, so watch out) Remember, this treat is for those young of heart and 21 years of age.

**Deliciously Decadent Strawberries**

Wash and dry the strawberries. Melt white chocolate chips or wafers (from cooking store) in a double boiler. You can use the microwave, but it just overheats the chocolate for me. Inject the strawberries with the Grand Marnier (lick your fingers) and dip the filled berries in the melted white chocolate. Set on a beautiful plate to enjoy. Make sure you make some without liqueur for the kids, this treat seems irresistible to all. Nirvana.

Today, I am grateful for:

<b>Rate your success today:</b>	<b>Not a chance</b>	<b>OK</b>	<b>Perfect</b>
I came first today	1	2	3 4 5
I took time for myself today	1	2	3 4 5
I nurtured my body today	1	2	3 4 5
I nurtured my mind today	1	2	3 4 5
I nurtured my soul today	1	2	3 4 5